

KixCare TIPS

How Do I Potty Train My Child?



There are many different techniques out there when potty training but the key is to make sure you have time to devote to your child's toilet training and no new major changes have recently happened or happening.

- 1 **Speak with your child about using the potty**, and what potty training is going to look like for them.
- 2 **Read some books before** to help them visualize what to expect.
- 3 **Once started stick to the new routine unless it is too upsetting for your child.**
- 4 **Maybe they are ready maybe they aren't.** Try again in a couple of months and remember encouragement and positive praise go a long way.

Cut here for a colouring sheet for your little one

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