

KixNurse Medication Dosing Tracker



Print this handy tracker out when your little one is sick and circle the time when your child is due for medications! Once the medication is given, add an initial so you can remember it was given.

Remember when doubling up fever meds that

- **Advil** (Ibuprofen) should be given every 6 hours or more from the last ibuprofen dose - not before!
- **Tylenol** (acetaminophen) should be given every 4 hours!

Child Name: _____



Time of Day	Acetaminophen (e.g. Tylenol)	Ibuprofen (e.g. Advil or Motrin)	Other Medication
Midnight
1 am
2 am
3 am
4 am
5 am
6 am
7 am
8 am
9 am
10 am
11 am
12 pm (Noon)
1 pm
2 pm
3 pm
4 pm
5 pm
6 pm
7 pm
8 pm
9 pm
10 pm
11 pm