



Preparing for Baby's Arrival

Preparing for your newborn involves more than picking out cute outfits. Here's what you need to ensure your baby's health and comfort from day one!



Start early and stay organized to make the transition smoother for both you and your baby.

SECTION 1

Must-Have Items for Your Newborn

Breathing Comfort: Nasal aspirator and saline drops for those stuffy noses.

Air Quality: Cool mist humidifier for optimal nursery humidity, especially during the dry winter months.

Accurate Temperature Checks: Measure rectal under the age of 1 when done safely or axillary (armpit)/oral at all other times for precise temperature readings.

Fever and Pain Relief: Tylenol and/or Advil for relief over 3 months of age or as directed by a healthcare professional.

Skin Care: Zinc-based barrier diaper cream and gentle fragrance-free hydrating cream to protect your baby's delicate skin.



Having these essentials ready can help you manage common newborn issues efficiently.

SECTION 2

Tips for Newborn Preparation

- Ensure you're fully stocked on essential items to avoid last-minute stress.
- Maintain and clean equipment and those high-touch areas regularly to reduce germs.
- Consult KixCare or a healthcare professional for proper medication use.



Regularly update your stock and check expiration dates on all baby care items to ensure safety and effectiveness.